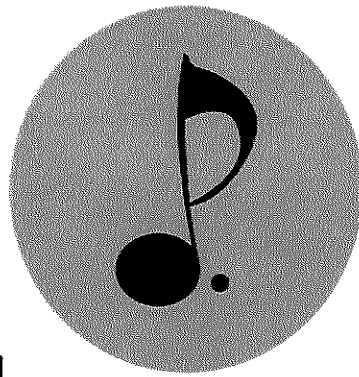
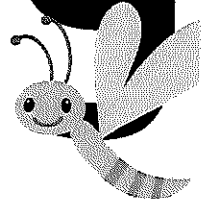


My Prayer Guide



kidsonq
CHURCH



DEAR FRIEND,

We are so proud of you as you begin this powerful journey of discovering your own personal prayer life. Learning what prayer is, how to pray, and how important prayer is to your everyday life is one of the most important things you can do as a disciple of Jesus. From day one, our church has always set out to be a people of prayer. We want to pray first in every situation, good or bad. Jesus is always the answer, He is our best friend, and He is always ready to talk with us.

Praying with Jesus is not only something that we need in our lives; it should be something that we want to do. The more we learn about prayer, the easier it becomes. The easier it becomes, the more fun it is! Praying and talking with Jesus should be the best part of our day! We hope you will use this prayer journal to make your prayer life more personal. When you find out how to have real conversations with Jesus every day, then you will experience the presence of God, and that will change your life in the best way possible.

Once you learn to pray, you can make it a part of your everyday life. You can pray: Before the day begins-

Before you go to school-

Before you hang out with your friends-

Before you practice-

Before you play a big game-

Before you go to bed-

When something bad happens-

When something good happens-

In every situation- PRAY FIRST!

We pray blessings over your prayer life, because prayer changes everything!

Love,

The Kidsong Team!

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LIFESTYLE PRAYER

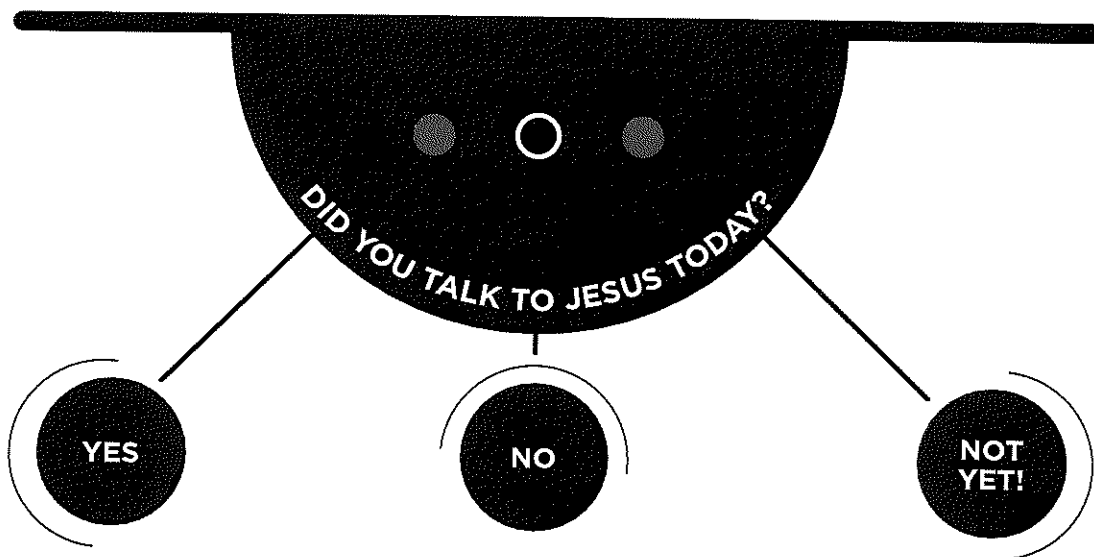
*Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed.
(Mark 1:35)*

Here's what we see:

He prayed every day.
He prayed in a certain place.
He prayed with a plan.

1. TIME

We see that Jesus had a certain time that He prayed every day. The Bible says that Jesus got up very early in the morning to spend time with His Heavenly Father and pray. He had a specific time that He always knew was His prayer time. We should do the same.



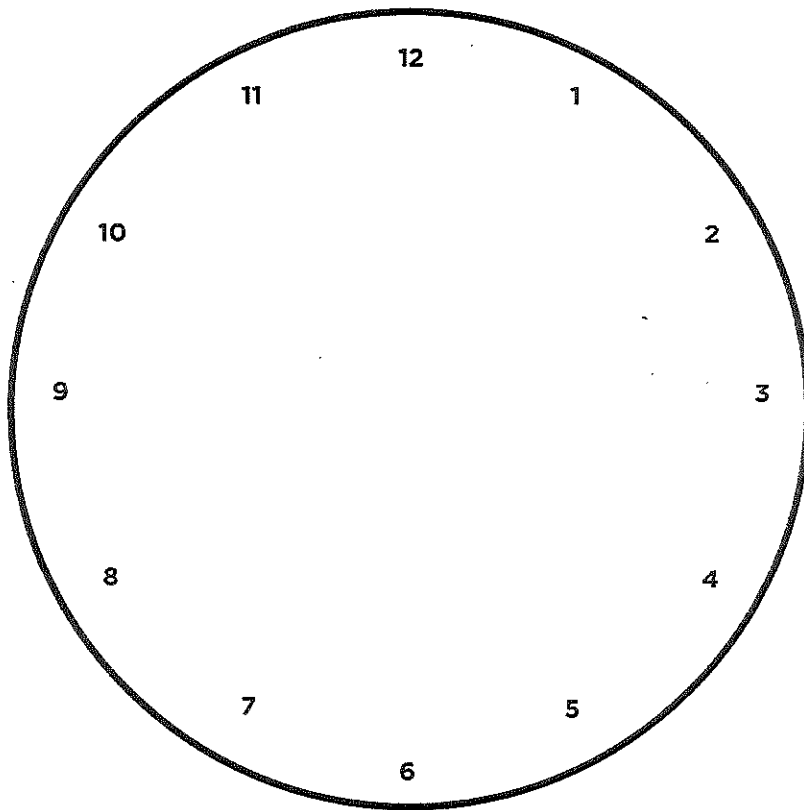
When will your prayer time be? Use a pencil to circle your answer or answers!

WHEN I WAKE UP

IN THE AFTERNOON

BEFORE I GO TO SLEEP

USE A PENCIL AND FILL
IN THE TIME THAT YOU
PRAYED TODAY!

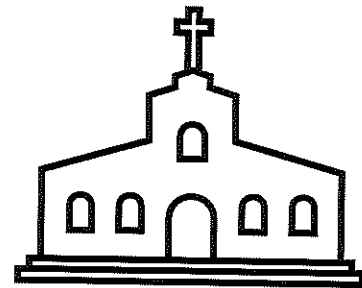
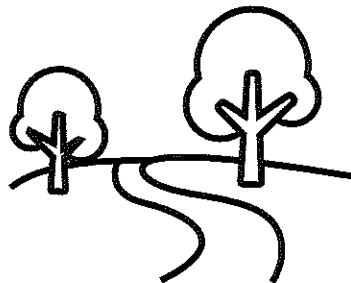


2. PLACE

We see that Jesus had a certain place that He would go to pray. We need to have a place that doesn't have any distractions, noises, or things that would keep us from focusing on Jesus.

My favorite place to pray is: _____

**COLOR IN THE PLACE
BELOW WHERE YOU LIKE
TO PRAY TO JESUS.**



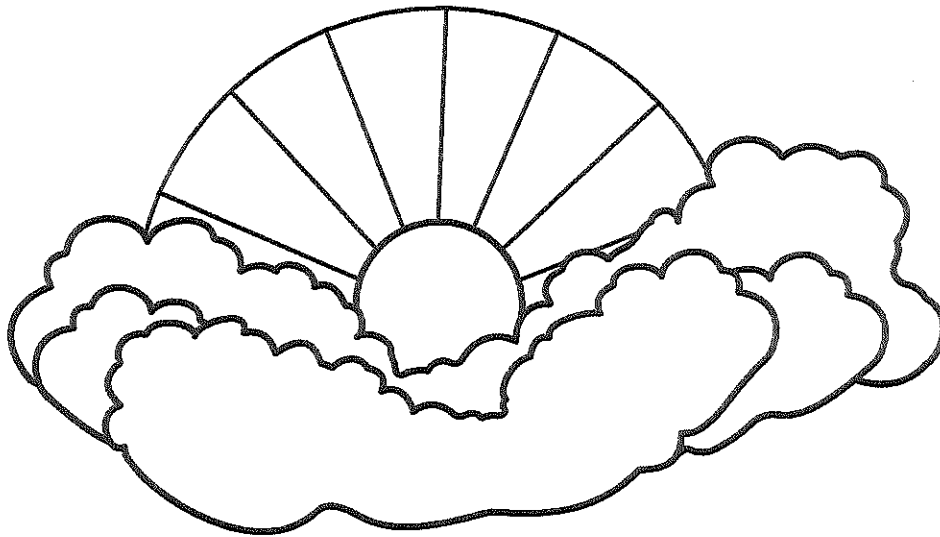
3. PLAN

We also see in the Bible that whenever Jesus prayed, He always had a plan. He had things on His heart that He wanted to pray for, and knew how He wanted to pray for them.



**WRITE DOWN OR DRAW A
PICTURE BELOW OF THE
PEOPLE AND THINGS YOU
CAN PRAY FOR TODAY!**

**“OUR FATHER IN
HEAVEN...”**



Connect with God. He is your loving Father.

THE LORD'S PRAYER

One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..."
(Luke 11:1)

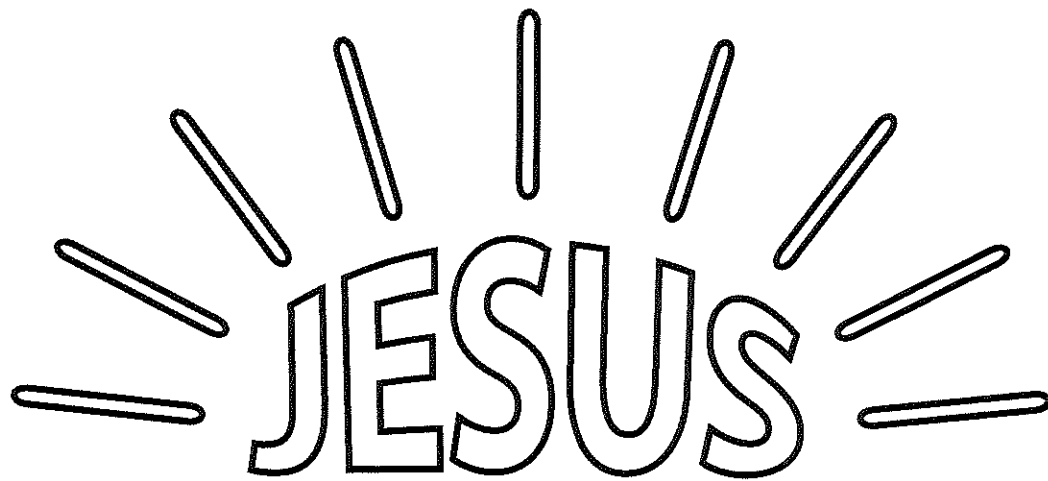
"Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen."

(Matthew 6:9-13 NKJV)

**LIST SOME THINGS
YOU COULD SAY
TO START YOUR
PRAYER WITH GOD.**

Examples: "Dear God...", "Hi Dad!", "Good Morning Lord!",
"Hey Papa!"

“...HALLOWED BE
YOUR NAME...”



Worship His name.

*God's name is a place of protection—good people can run there
and be safe. (Proverbs 18:10 MSG)*

MATCH WHO HE IS WITH WHAT HE CAN DO!

Healer God is on my side and will fight for me.

Friend God is in charge and wants the best for me.

Peace I will choose joy because God is my joy.

Forgiveness He is my hope for every situation.

Love He forgives me for anything I have done and will do.

Hope Jesus loves me the most.

Joy He brings me peace no matter what I go through.

King He is always with me.

Protector God heals all our diseases.



**“...YOUR KINGDOM COME.
YOUR WILL BE DONE
ON EARTH AS IT IS IN
HEAVEN...”**



Pray for what He wants (Pray His agenda first).

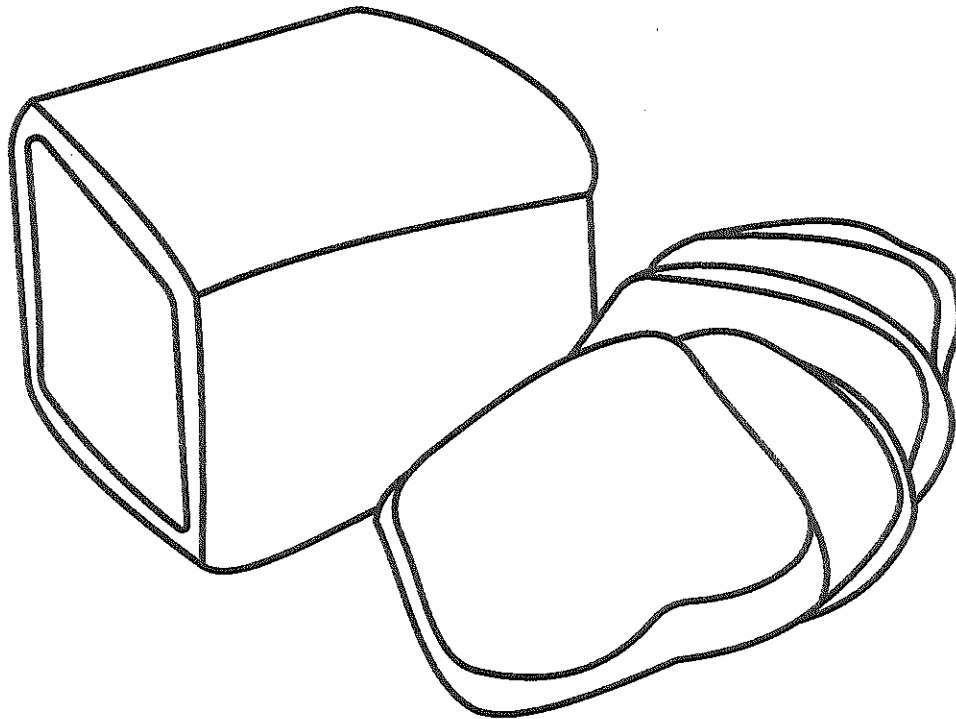
*He will always give you all you need from day to day if you will
make the Kingdom of God your primary concern.
(Luke 12:31 TLB)*

**THE BEST THING WE
COULD EVER WANT IS
WHAT GOD WANTS.**

He will take care of everything else we need!

List below and pray through the things God wants for
the world and for you.

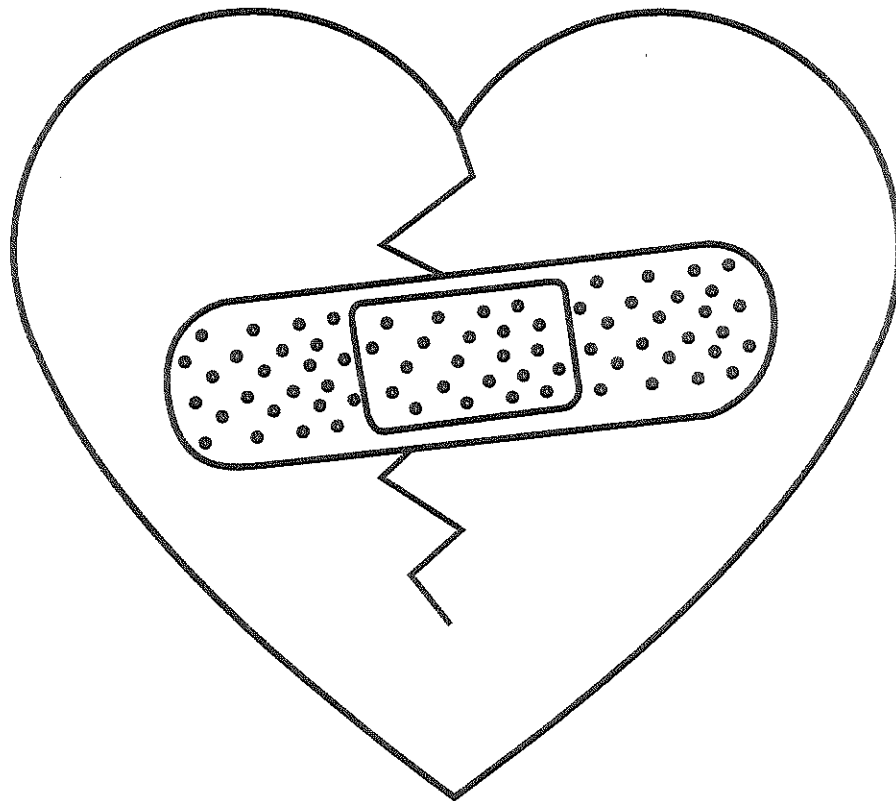
**“...GIVE US THIS DAY OUR
DAILY BREAD...”**



**Ask God for what you want and need, and then trust Him to
provide for you.**

*I look up to the mountains—does my help come from there?
My help comes from the LORD, who made heaven and earth!
(Psalm 121:1-2 NLT)*

**“...AND FORGIVE US OUR
DEBTS, AS WE FORGIVE
OUR DEBTORS...”**



Make sure your heart is right with God and with people.

*If we confess our sins, He is faithful and just and will forgive us
our sins and purify us from all unrighteousness.*

(1 John 1:9)

ASK JESUS TO LOOK INSIDE YOUR HEART:

1. What do you need to ask for forgiveness for?

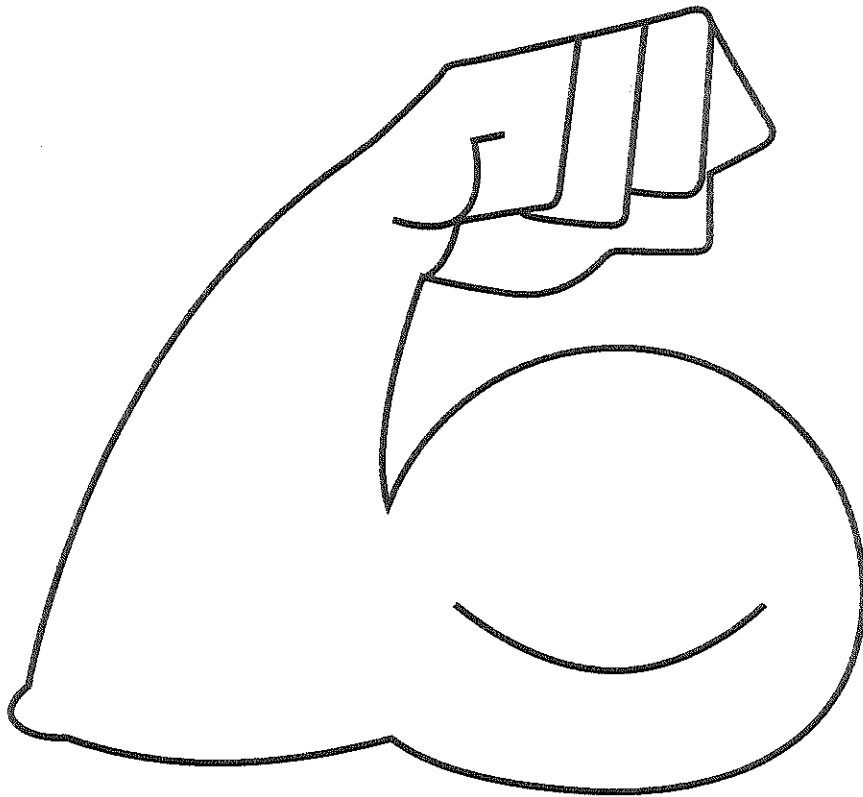
2. What do you need to forgive someone for?

Once you have prayed, color in the sentences below.

I AM FORGIVEN.

I CAN FORGIVE.

**“...AND DO NOT LEAD US
INTO TEMPTATION, BUT
DELIVER US FROM
THE EVIL ONE...”**



**Replace any lie the enemy has told you with the truth of God's
Word.**

*For our struggle is not against flesh and blood, but against the
rulers, against the authorities, against the powers of this dark
world and against the spiritual forces of evil in the heavenly
realms. (Ephesians 6:12)*

GOD'S WORD IS TRUTH.

Replace the lies you may have heard with what God says is true.

LIE I HAVE HEARD

WHAT GOD SAYS IS TRUE

"I am mean." _____ I can be a friend like Jesus.

"I am ugly." _____ I am fearfully and wonderfully made.

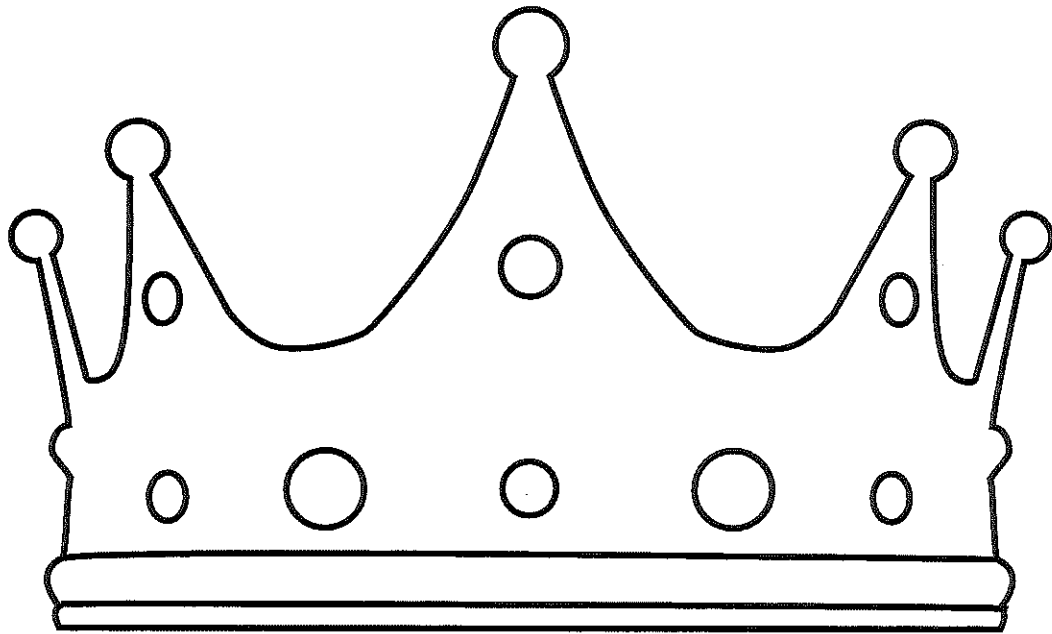
"I don't have friends." _____ Jesus loves me and I am never alone.

"If I lie, I won't get in trouble." _____ I can tell the truth and not be afraid.

"If I do what's wrong, I'll finally fit in." _____ My identity comes from Jesus.



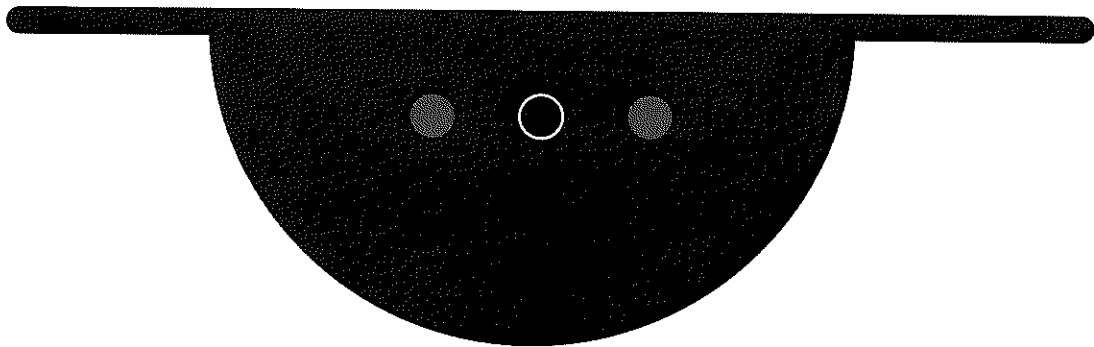
**“...FOR YOURS IS THE
KINGDOM AND THE
POWER AND THE GLORY
FOREVER. AMEN.”**



God can do anything (believe it)!

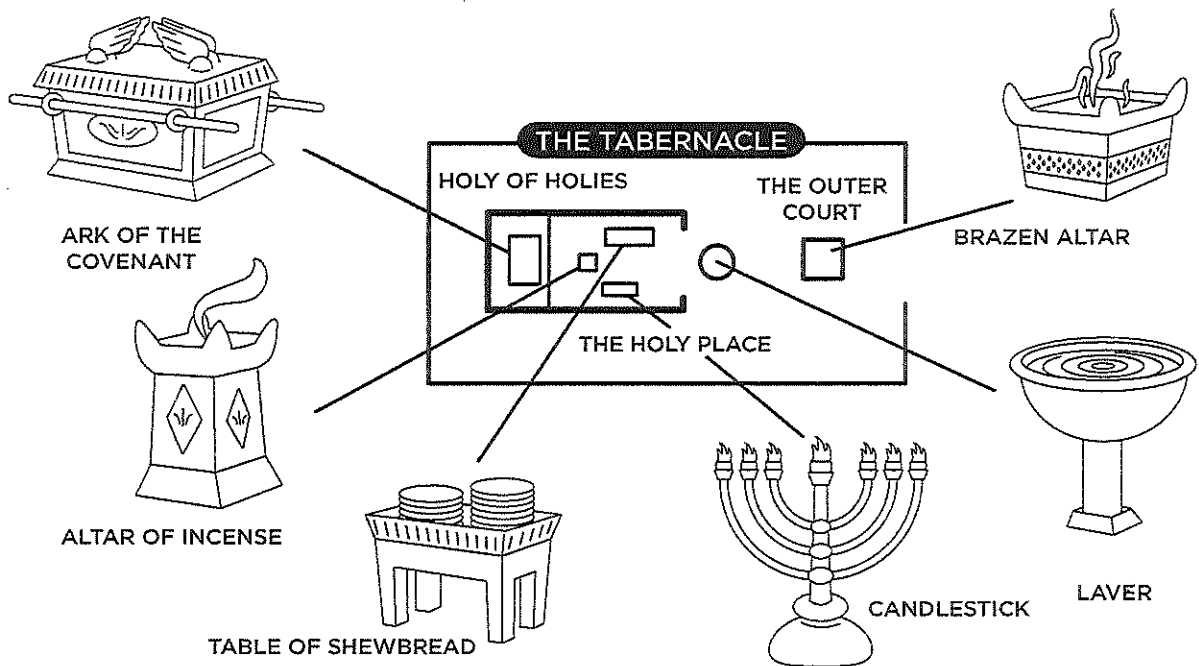
Ah, Sovereign LORD, You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You. (Jeremiah 32:17)

“FOR YOURS IS
THE KINGDOM AND
THE POWER AND THE
GLORY FOREVER. AMEN.”



TABERNACLE PRAYER

Since the beginning, God always wanted to be with us. In the Old Testament, God told Moses to build a place called the Tabernacle. The Tabernacle is where God lived here on earth, where He would meet His people, and where they could worship Him. As the people entered the Tabernacle, they followed God's instructions by passing through seven stations to experience His presence. Today, even though we no longer need the physical Tabernacle to meet with God, these same steps can help us connect with Him. Each station of the Tabernacle can be used to guide our prayers.



① THE OUTER COURT

Thanksgiving and Praise

The Israelites walked into the Tabernacle with thanksgiving and praise. We can start our prayers the same way.

*Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.
(Psalm 100:4)*

Prayer:

“Father God, You are good, and You deserve all my praise. Thank You for the many ways You have blessed me and for watching over me (tell Him specific things in your life that you’re grateful for. Thank Him for something that you’ve never thanked Him for). Lord be with me. I want to experience Your presence and Your love in a new way today, Jesus. Thank You that no matter what happens, You always love me. I find hope in Your never-ending forgiveness and care. Thank You for who You are and all You have done for me.”

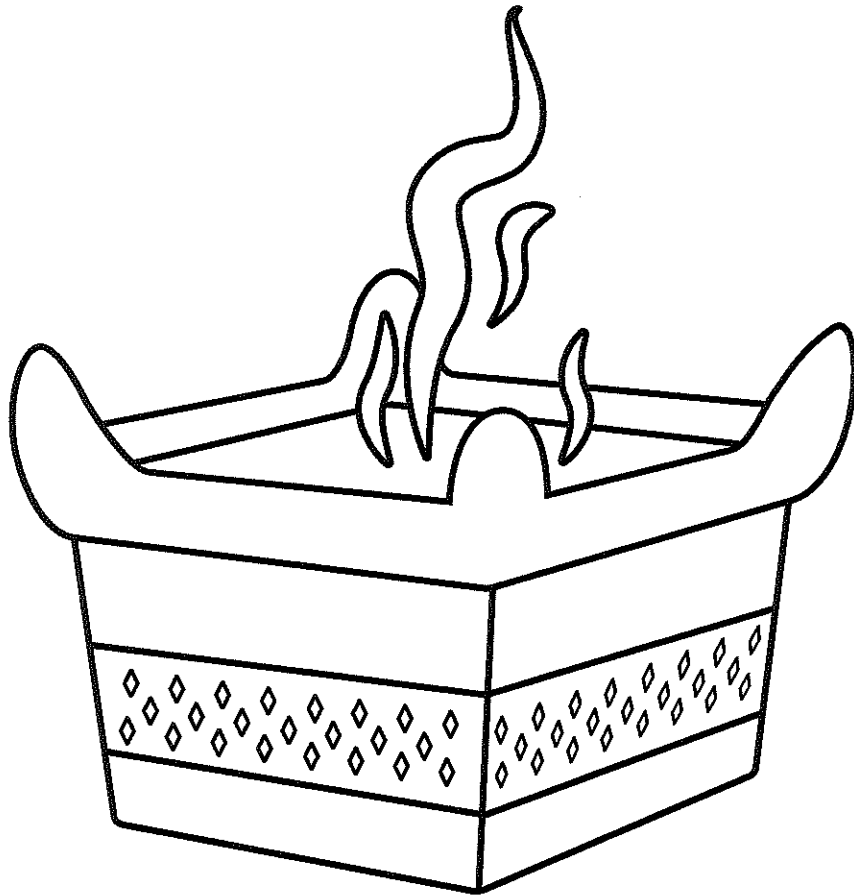
THINGS TO BE THANKFUL FOR

Spend time thinking about the blessings in your life and the amazing things God has given you that you're thankful for. Write down a list, sing your own song of praise, or just spend quiet moments praising God.

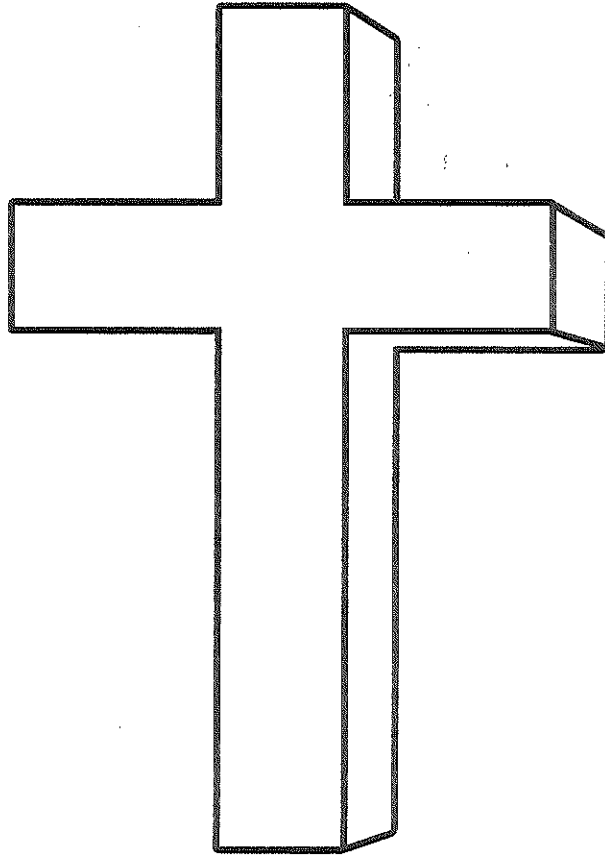
2 THE BRAZEN ALTAR

The Cross of Jesus

In the Old Testament, everyone had to bring animals to sacrifice as payment for their sins. Today, we don't have to do that because Jesus paid for our sins by dying on the cross.



THE CROSS OF JESUS



Thank God for sending Jesus to die for our sins so that we don't have to! Thank Jesus for His sacrifice and His love. Really think about the sacrifice Jesus made. He loves you so much that He paid for the consequences of our sin. He didn't have to, but He wanted to make a way for us to live with Him one day. Jesus can change our hearts and make us better because of what He did on the cross.

The cross gives us five incredible benefits:

- Salvation - God forgives all my sins
- Healing - God heals all my diseases
- Redemption - God rescues me and restores me
- Transformation - God changes my heart to be more like His
- Blessing - God gives me everything I need

Let all that I am praise the LORD; may I never forget the good things He does for me. He forgives all my sins and heals all my diseases. He redeems me from death and crowns me with love and tender mercies. He fills my life with good things. My youth is renewed like the eagle's! (Psalm 103:2-5 NLT)

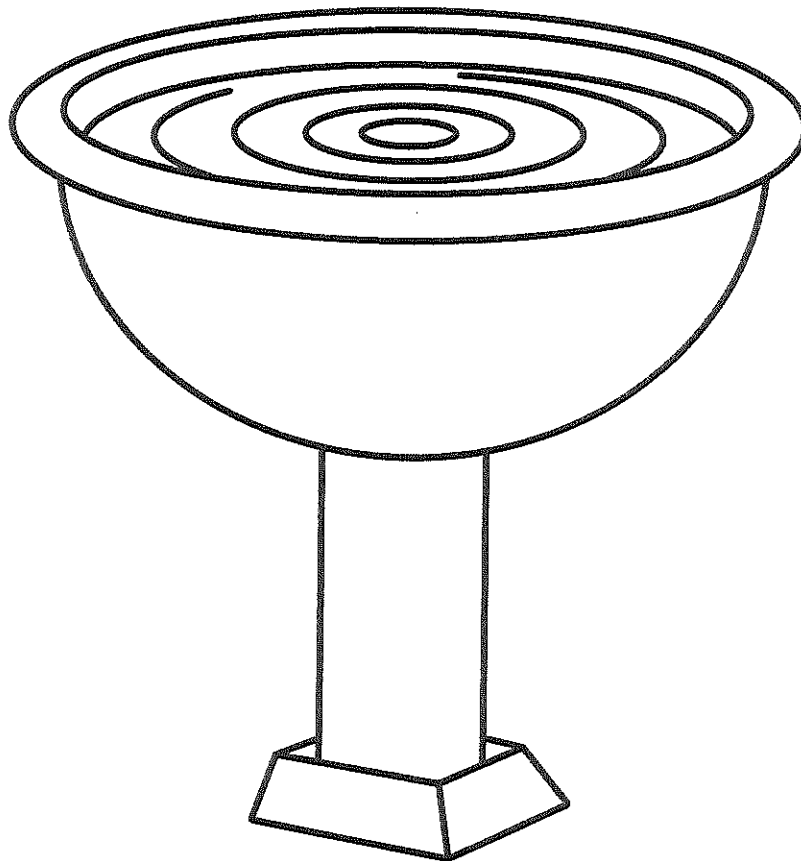
Prayer:

“Thank You, God, for making a way for me to be with You through Your Son. Jesus, thank You for the sacrifice You made for me on the cross. You saved me and You set me free by paying for my sins. I praise You for being my Healer. You have power over all disease and harm in my life (list areas where you need God to heal you). Thank You for being my Redeemer. You rescue me from sin and give my life purpose. Thank You for changing my life with Your love and for making me new. I want to grow to be more like You (give God control of every area in your life). Thank You for blessing me and for giving me the things I need. I know You have good plans for me, and all that I have comes from You (thank Him for blessings in your life).”

3 THE LAVER

Cleansing and Preparing

The next step in the Tabernacle was a bowl of water where people were reminded of their need to be washed clean of their sins and forgiven by God. Unfortunately, all of us sin. But it's an important part of our daily prayer to surrender our lives to God by giving Him control over all areas in our life. With His help, we can make the right decisions and follow God's plan for our lives.



So then, my friends, because of God's great mercy to us I appeal to you: Offer yourselves as a living sacrifice to God, dedicated to His service and pleasing to Him. This is the true worship that you should offer.
(Romans 12:1 GNT)

Unfortunately, sometimes we do what we want instead of what God wants. We all fall short of God's standard, and we all struggle with sin. Because of what Jesus did on the cross, we can confess and tell Him our sins, receiving complete forgiveness and a fresh start. While you pray, be humble and turn away from your sins and allow God to wash you clean and renew you. Then, surrender your life to Him. Give your will and thoughts to God and allow Him to help you make the right decisions.

Prayer:

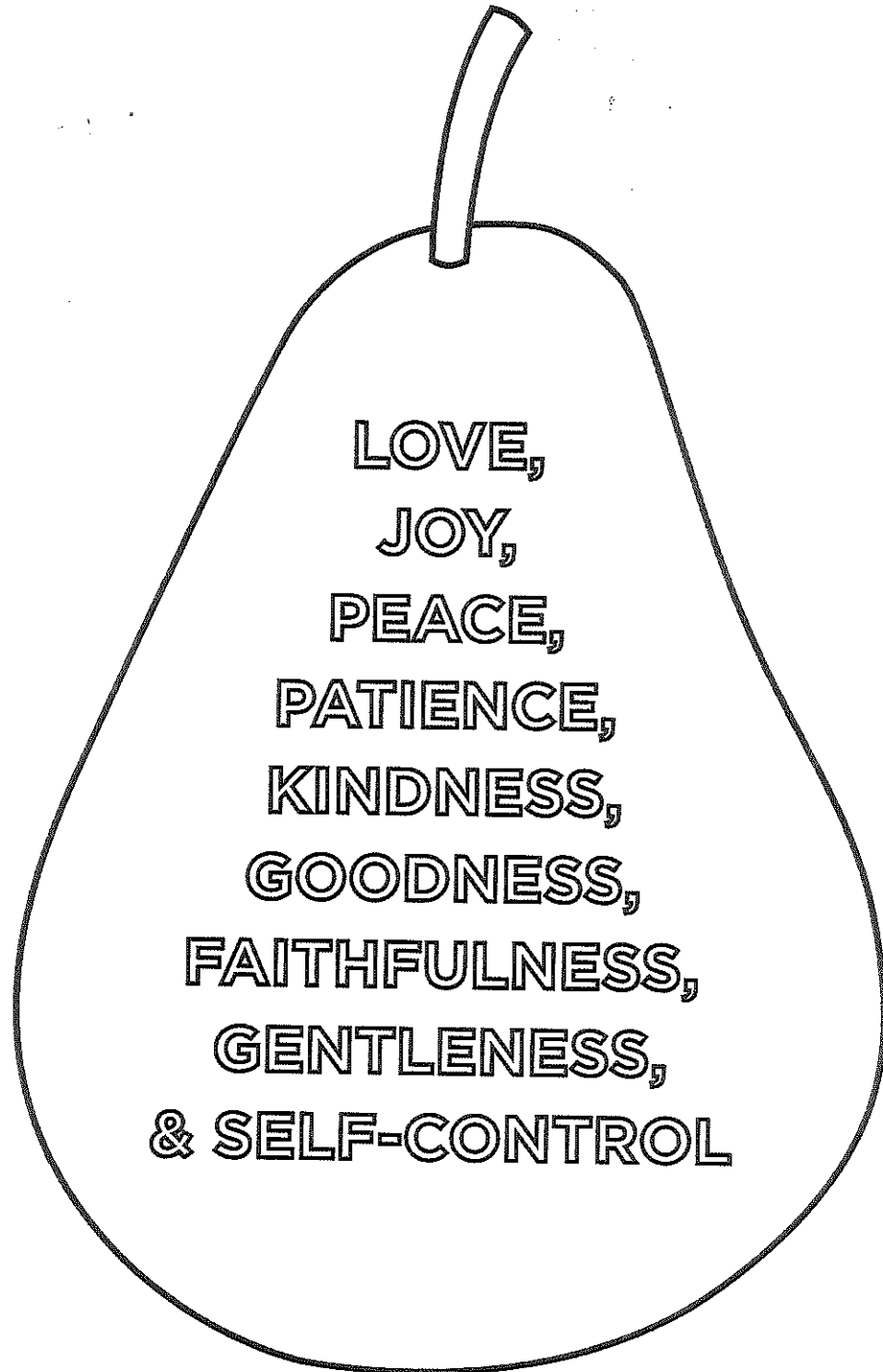
"God, I confess my sins to You and turn away from them (tell God any sin you know is in your life. Ask Him to show you any other areas that need to change). Thank You, God, for freely forgiving me. As I turn away from my sin, I turn toward You, and I give myself to You:

- I give You my tongue, to speak good and not evil
- I give You my eyes, to focus on You and the needs of others
- I give You my ears, to listen to Your voice
- I give You my hands, to do good for others
- I give You my feet, to walk where You lead me
- I give You my mind, to think positive things and to be transformed and used by You

I ask You, Lord, for the amazing gifts of Your Holy Spirit, so that I can grow closer to You and make a difference in the lives of others. I ask for love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. God, help me do what is right."

FRUIT OF THE SPIRIT

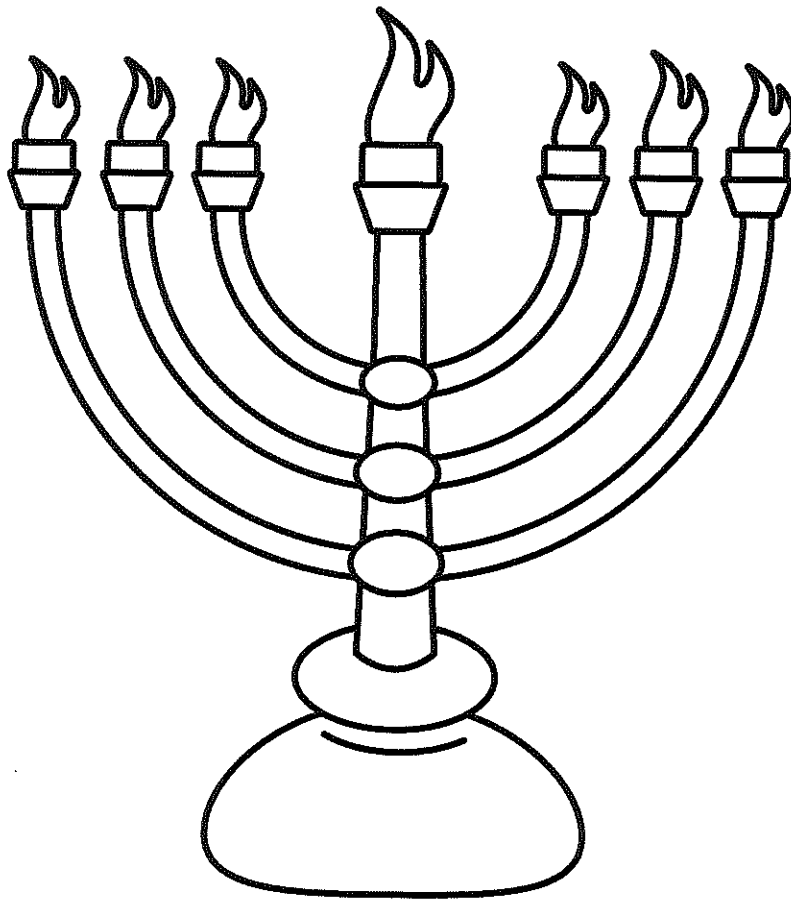
When we follow Jesus and let the Holy Spirit lead us, we become more like Him.



4 THE CANDLESTICK

The Holy Spirit

The next piece of the Tabernacle was a seven-branched golden candlestick. The fire represents the Holy Spirit and how we are called to be a light in the world's darkness by helping others experience the love of God.



The Spirit of the LORD will rest on him—the Spirit of wisdom and of understanding, the Spirit of counsel and of might, the Spirit of the knowledge and fear of the LORD. (Isaiah 11:2)

When Jesus left the earth, Christians were given the gift of the Holy Spirit. He calls the Holy Spirit our “advocate,” our supporter. The Holy Spirit helps us with everything we need. We can’t do what God has called us to do without His supernatural power. It is through the Holy Spirit that God comforts us, guides us, and helps us.

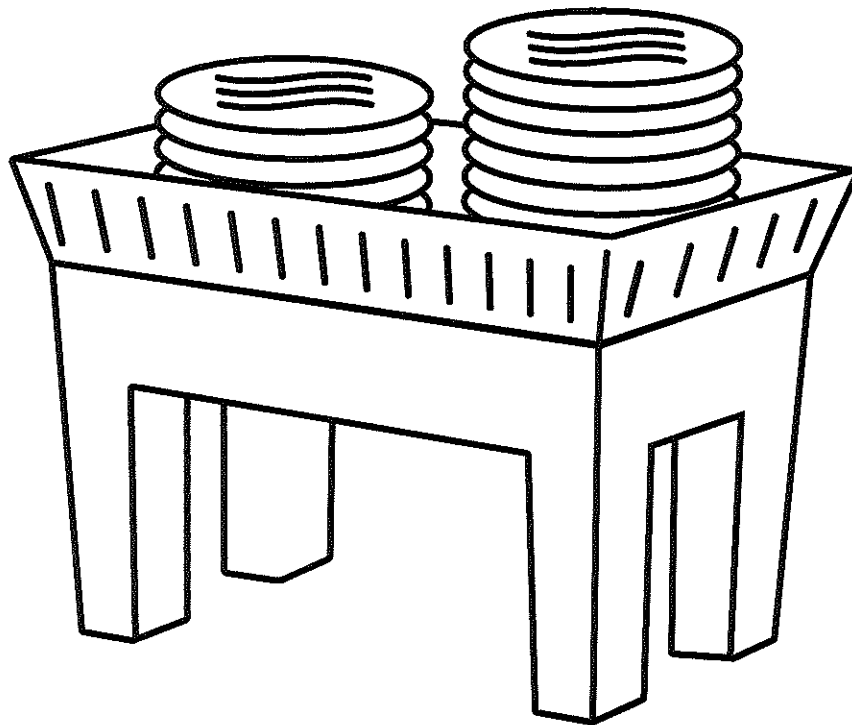
Prayer:

“Holy Spirit, I ask You to fill me up. I need Your presence in my life – guiding, directing, comforting, and helping me. I know that You, Holy Spirit, are God. Help me to see how great You are. Help me to be amazed and in awe of who God is and what He does. Work in me, Holy Spirit. Teach and transform me (pray for any areas where you feel the need for change today). I honor You and ask You to help me love others the way You love them.”

5 THE TABLE OF SHEWBREAD

The Word of God

In the Tabernacle, a table with twelve loaves of bread was set up to show the importance of reading God's Word. Eating bread nourishes and strengthens us. Without eating, we can't live. The same goes for when we read the Bible—it satisfies and strengthens our spirit. Reading God's Word regularly keeps us healthy and helps us become more like Jesus.



THE WORD OF GOD

God's Word, the Bible, is an incredible gift and a powerful tool to use in our daily lives. Here is how you can use God's Word in your prayers:

- Take time to read the Bible and think about what you read
- Find hope in the many promises God has for your life
- Ask Him to show and teach you things you didn't know before
- Ask Him for a Word to help you as you start your day

